2014 Summer Camps

Falls Church Recreation & Parks Department



Registration Begins:

Falls Church Residents - February 3rd Non-Residents - February 10th



CITY of FALLS CHURCH
Recreation & Parks Department

Registration for City of Falls Church Residents begins Monday, February 3 Registration for Non-City Residents begins Monday, February 10

WALK-IN: At the Falls Church Community Center, 223 Little Falls Street. We accept checks, exact cash and credit cards.

ONLINE: Online registration can be found on the internet by visiting www.fallschurchva.gov/recreation and clicking on the Falls Church Recreation and Parks Department Online Registration logo. Full payment is required at the time of registration and you must use a credit card (American Express, Discover, Master Card, or Visa). If you plan to register online and have not used Webtrac, our online registration program before, please call our office at (703) 248-5027 in advance for your username.

MAIL-IN: Registrations are processed at the end of the first business day of registration. Complete the Household Registration Form (located below), include payment and mail to:

Falls Church Recreation & Parks Department 223 Little Street, Falls Church, VA 22046

PHONE-IN: Phone-in registration starts on the second day of registration: February 4 and February 11. Phone-in registration with credit cards only to (703) 248-5027. There will be no phone-in registration on the first day of resident or non-resident registration.

NOTE: In-person registration takes priority over mail and phone-in. Applications will not be processed prior to the beginning registration dates. Registrations received prior to these dates will be held and included with the mail received on the first day of registration. There is limited enrollment for all camps.

FEES: Payment must accompany registration.

FINANCIAL AID: Financial aid is available for City of Falls Church residents. Forms are available at the Falls Church Community Center or by calling 703-248-5027.

REFUND POLICY: The Recreation and Parks Department refund policy can be found on page 15.

CANCELLATION POLICY: The City of Falls Church Recreation and Parks Department reserves the right to cancel camps and programs for which there is insufficient registration. Camps with insufficient registrations are canceled one week prior to the start of camp.

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Primary Household	Last Name:			Firs	t Name:		
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Emergency Contact	and Phone Num	ber:			· · · · · · · · · · · · · · · · · · ·		
Email:							
() Special Assista	nce is needed fo	r one or more inc	lividuals listed on 1	egistration.			
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Participant Name	Male/ Female	Date of Birth	Activity Registration#	Section #	Activity Name	Waiver Initial	Activity Fee
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Make checks paya	ble to City of	Falls Church			TO	TAL:	



Summer Fun, Preschool & Swimming

Summer Fun Playground Program 6-11 years

Campers will enjoy a fun-filled summer including sports, swimming, arts & crafts, games, special events and field trips. Time is also available for unstructured play. Weekly activities are theme-based. The camp runs Monday through Friday, 9am-3pm. Camp is located at Cherry Hill Park. A parent handbook with more details will be available May 1. *The Summer Fun Playground Program offers weekly field trips. Field trips have additional fees typically between \$10-\$15 per trip. On field trip days, there is no program for campers not attending the trip. Field trips locations and fees will be in the parent handbook.

Weekly: 385001-A, B, C, D, E, F, G, H Resident: \$145/week Non-Resident: \$155/week

A	June 23-27 June 30-July 3 July 7-11 July 14-18	Е	July 21-25
В	June 30-July 3	F	July 28-August 1
C	July 7-11	G	August 4-8
D	July 14-18	Н	August 11-15

AM SCORE 7-9am \$42 PM SCORE 3-6pm \$52 389993-A, B, C, D, E, F, G, H 389994-A, B, C, D, E, F, G, H

Entire Summer: 385002-A Resident: \$680 Non-Resident: \$780



Preschool Camps $3 \frac{1}{2} - 6 \text{ years}$

In this creativity camp our activities will revolve around the colors of summer. Your child will be encouraged to expand on his or her observations of the colors that surround us. We'll provide them with



different art mediums to do a creative project, connect the topic of the week to the books we read, to music and to the songs we sing and enjoy a snack. Your child will get to take home his or her project at the end of the week. The cost includes a daily snack and all supplies. Children must potty trained.

382009-C Day time Colors July 7-11 July 14-18 Food Colors Water colors July 28- Aug 1

Time: 1-4pm

Fees: R: \$155 / NR: \$165 **Instructor:** Sue John Location: Preschool Room

382009-D 382009-F

Swim Lessons

The City of Falls Church offers American Red Cross swim lessons taught by Water Safety Instructors. These lessons are held at Park Towers, 200 N. Maple Avenue, Falls Church, VA 22046. Lessons are held during rain but will be rescheduled in the event of lightning. Sessions are two weeks long and cost \$100 for City residents and \$110 for non-City residents. Session A is discounted to \$90 and \$100 respectively. Summer Fun participants are escorted to swim lessons by a counselor. *No lessons July 4.

6-18 months Mommy And Me

Caretakers will assist children with arm and leg movement. Nursery rhymes and floating toys will be part of the class. Caretakers must accompany children into the water. American Red Cross Parent & Child Aquatics Level 1 guide.

7/7-7/18 9:15-9:45am 385106-C

Toddler and Me 18 months-3 years

Students will work on blowing bubbles, moving arms and legs independently. Participants will learn safety in and around water. Nursery rhymes, songs and floating toys will be part of the class. Caretakers must accompany children into the water. Class will follow the American Red Cross Parent & Child Aquatics Level 2 guide.

6/23-7/3 9:15-9:45am 385107-A 7/21-8/1 9:15-9:45am 385107-E

Adapted Aquatics 4-12 years



In this 6-week session children with disabilities or attention issues will work on water skills with a trained volunteer one on one. Students will be evaluated at the first session and will work on some or all of the following skills, appropriate to their level: water adjustment, water safety, breath control, swimming front and back, pulling and kicking, stroke development and refinement, endurance.

Wed: 7/2-8/6 1-1:30pm 385116-B R: \$60 / NR: \$70

Location: Park Towers Pool

Preschool 4-5 years

Children will learn to enter and exit the water safely, blow bubbles, back float, front glide, change direction, the basics of swimming on front and back, as well as water safety in and around the water. Children complete a skills assessment upon completion.

	1 1	
American	Red Cross Preschool	Aquatic Level 1
6/23-7/3	10:35-11:05am	385100-A
7/7-7/18	10:35-11:05am	385100-C
7/21-8/1	10:35-11:05am	385100-E
8/4-8/15	10:35-11:05am	385100-G
American	Red Cross Preschool	Aquatic Level 2
6/23-7/3	11:15-11:45am	385115-A
7/7-7/18	11:15-11:45am	385115-C
7/21-8/1	11:15-11:45am	385115-E
8/4-8/15	11:15-11:45am	385115-G

Beginner 6-11 years

Children will learn to enter and exit the water safely, blow bubbles, how to back float, front float, front glide, tread, change direction, the basics of swimming on front and back as well as water safety in and around the water. Children will work on submerging their entire body. Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 1 & 2.

6/23-7/3	9:55-10:25am	385108-A
6/23-7/3	11:55am-12:25pm	385108-A1
7/7-7/18	9:55-10:25am	385108-C
7/7-7/18	11:55am-12:25pm	385108-C1
7/21-8/1	9:55-10:25am	385108-E
7/21-8/1	11:55am-12:25pm	385108-E1
8/4-8/15	9:55-10:25am	385108-G
8/4-8/15	11:55am-12:25pm	385108-G1

Intermediate 6-11 years

Swimmers will learn freestyle and elementary backstroke. They will learn frog, scissor, flutter and dolphin kick, improve on their ability to tread and be introduced to deep water. Upon completion, children will complete a skills assessment. ARC Learn to Swim Level 3.

6/23-7/3	9:55-10:25am	385110-A
6/23-7/3	11:55am-12:25pm	385110-A1
7/7-7/18	9:55-10:25am	385110-C
7/7-7/18	11:55am-12:25pm	385110-C1
7/21-8/1	9:55-10:25am	385110-E
7/21-8/1	11:55am-12:25pm	385110-E1
8/4-8/15	9:55-10:25am	385110-G
8/4-8/15	11:55am-12:25pm	385110-G1



Advanced 6-11 years

Students will be introduced to backstroke, breaststroke, butterfly and sidestroke, and will improve on freestyle & elementary backstroke. They will learn deep water survival swimming as well as feet first, pike and tuck surface dives. They will learn a backstroke open and flip turn, and freestyle open and flip turn. This class will also teach junior lifeguarding skills & sculling. Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 4 & 5.

6/23-7/3	9:15-9:45am	385113-A
7/7-7/18	9:15-9:45am	385113-C
7/21-8/1	9:15-9:455am	385113-E
8/4-8/15	9·15-9·45am	385113-G



NEW SEWING CAMP ON PAGE 14.

Cookie Explosion 9-13 years

Tiny Chefs and Gourmet Chefs will be exploring the world of cookies. We will be learning the basic delicious chocolate chip cookie and creating sweet and savory cookies for all types of cookie lovers! Whoopie Pies, Ice Cream Sandwiches, and Brownies will not be forgotten.

Mon-Thu: 6/30-7/3 9am-3pm 382012-B R: \$225 / NR: \$235

Instructor: Tiny Chefs **Location:** Art Room

AM SCORE 7-9am 389993-B \$42 PM SCORE 3-6pm 389994-B \$52

Let's Make Everyday A Holiday 5-8 years

Get ready as we whip up Thanksgiving Pumpkin parfaits, Fourth of July cupcakes, Valentine's Day Chocolate Raspberry mousse cups, Halloween spider web pizzas, and Cinco de Mayo veggie quesadillas with guacamole, plus much, much more! What could be more fun than enjoying Valentine's Day goodies in July? *Extended care is offered for ages 6 & up only.

Mon-Fri: 7/14-7/18 9am-3pm 382012-D R: \$225 / NR: \$235 Instructor: Tiny Chefs

Location: Art Room AM SCORE 7-9am 389993-D \$42

AM SCORE 7-9am 389993-D \$42 PM SCORE 3-6pm 389994-D \$52

Baking Bootcamp 9-13 years

This summer students will jump feet first into a variety of baking techniques and traditions, covering ground like cookies and bars, breakfast pastries, International desserts, and more, with a special focus on creating beautiful cupcakes and cakes. Students will learn how to make icings and how to apply a variety of different decorating techniques.

Mon-Fri: 7/28-8/1 9am-3pm 8: \$225 / NR: \$235

Instructor: Tiny Chefs **Location:** Art Room

AM SCORE 7-9am 389993-F \$42 PM SCORE 3-6pm 389994-F \$52



Tropical Madness 9-13 years

We are going to be sipping on wonderful fruit daiquiris made from fresh pineapple, coconuts, papayas and other scrumptious island fruits. The students will be making tropical salsas with mangoes and pineapples, it will feel like island paradise!

Mon-Fri: 8/11-8/15 9am-3pm 8: \$225 / NR: \$235

Instructor: Tiny Chefs **Location:** Art Room

AM SCORE 7-9am 389993-H \$42 PM SCORE 3-6pm 389994-H \$52



Artsy WOW Art Camp 3-12 years

This camp explores cool and interesting crafts from around the world, develops new craft skills and gets your creative juices flowing. Each day is jam packed with FUN activities like making a colorful bowl, creating a whimsical dream catcher and constructing cool musical instruments. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 7/7-7/11 9am-12pm 382007-C R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 7/7-7/11 9am-3pm 382007-C1 R: \$295 / NR: \$305

Instructor: Abrakadoodle
Location: Classroom at GMHS
AM SCORE 7-9am 389991-C \$47
PM SCORE 3-6pm 389992-C \$57

Super Doodle Art Camp 3-12 years

Create super-sized drawings and masks! Imagine superheroes and your own superpowers! Make a paint super-mess to produce spectacular sculptures and paintings! *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 8/18-8/22 9am-12pm

382007-I R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 8/18-8/22 9am-3pm

382007-I1 R: \$295 / NR: \$305

Instructor: Abrakadoodle
Location: Classroom at GMHS
AM SCORE 7-9am 389991-I \$47
PM SCORE 3-6pm 389992-I \$57

Dramatic Doodlers 3-12 years

This program brings together the stellar visual arts program Abrakadoodle and the innovative theater arts program C.A.R.E. Actor under one roof! Through a combination of Theatre games, lessons, and daily projects that teach Fine Art techniques, children will experience how the two art forms go hand-in-hand. All of this work will culminate into an art show and a final short production written and designed by the students and performed on the last day of camp. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 7/21-7/25 9am-12pm

382007-E R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 7/21-7/25 9am-3pm

382007-E1 R: \$295 / NR: \$305

Instructor: Abrakadoodle **Location:** Classroom at GMHS AM SCORE 7-9am 389991-E \$47

AM SCORE 7-9am 389991-E \$47 PM SCORE 3-6pm 389992-E \$57

Raiders of the Lost ART-Facts 3-12 years

We will explore the coastlines and islands around the world to learn about amazing works of art and other surprises. We will visit Greece and Italy, create an Aboriginal style print, make an ancient native totem pole, and even make your own clay treasure chest to stow away your treasures. *Extended care is offered for ages 6 & up only.

Ages 3-6

Mon-Fri: 8/4-8/8 9am-12pm

382007-G R: \$195 / NR: \$205

Ages 6-12

Mon-Fri: 8/4-8/8 9am-3pm

382007-G1 R: \$295 / NR: \$305

Instructor: Abrakadoodle **Location:** Classroom at GMHS

AM SCORE 7-9am 389991-G \$47 PM SCORE 3-6pm 389992-G \$57

SCORE

Sports, Crafts & Opportunity 4 Recreation & Entertainment

Ages 6-14

SCORE operates from 7am-9am and 3pm-6pm. This program meets in the community center gymnasium. Participants engage in games, sports, and arts and crafts. There is a relax zone for campers who prefer to unwind from an exciting day of camp with a book or other quiet activity.

Campers enrolled in PM SCORE should bring a snack.



Blast Into The Past 8-12 years

Campers will step back in time and experience first-hand what a young girl's life was like in 19th century Virginia. Young ladies will dress in period clothing, make crafts, play old-fashioned games, become amateur archaeologists and learn about life during the Civil War. *This camp is for females only.

 Mon-Fri: 7/7-7/11
 9am-3pm

 381801-C
 R: \$285 / NR: \$295

 Mon-Fri: 8/4-8/8
 9am-3pm

381801-G R: \$285 / NR: \$295

Location: Cherry Hill FarmhouseAM SCORE7-9am389993-C,G\$42PM SCORE3-6pm389994-C,G\$52

History Excursion Camp 8-14 years

Campers will have the opportunity to explore both well-known sites and those off the beaten path in this week long adventure.

Mon-Fri: 7/14-7/18 9am-3pm 381802-D R: \$305 / NR: \$315

Location: Cherry Hill FarmhouseAM SCORE7-9am389993-D\$42PM SCORE3-6pm389994-D\$52

History Technology Excursion 8-14 years

Campers will explore several historic sites and museums as they trace technological developments over the past centuries and how those developments changed daily life then and now. Some of the topics discussed and observed include: medicine, textiles and fashion, tools and machinery, art, and transportation.

Mon-Fri: 7/28-8/1 9am-3pm 381808-F R: \$305 / NR: \$315 **Location:** Cherry Hill Farmhouse

AM SCORE 7-9am 389993-F \$42 PM SCORE 3-6pm 389994-F \$52





Silver Knights Chess 5-13 years

Campers are broken up into groups by skill level, so we accept anyone from total beginners up through experienced and highly-rated tournament players. Each camper receives a t-shirt and a tournament-style chess set. Campers will take periodic breaks for snacks/lunch/recess. Activities include learning basic rules and strategy, openings, tactics, endgames, studying master games, playing games, and analyzing games against fellow students. *Extended care is offered for ages 6 & up only.

9am-3pm Mon-Fri: 6/23-6/27 382103-A R: \$329 / NR: \$339 Mon-Fri: 6/23-6/27 9am-12pm 382103-A1 R: \$199 / NR: \$209 Mon-Fri: 6/23-6/27 12-3pm R: \$199 / NR: \$209 382103-A2 **Location**: Classroom – MEH 06/07 Mon-Fri: 7/28-8/1 9am-3pm 382103-F R: \$329 / NR: \$339 Mon-Fri: 7/28-8/1 9am-12pm 382103-F1 R: \$199 / NR: \$209

382103-F2 R: \$199 / NR: \$209 **Mon-Fri: 8/18-8/22** 9am-3pm

12-3pm

R: \$199 / NR: \$209

382103-I R: \$329 / NR: \$339 **Mon-Fri: 8/18-8/22** 9am-12pm

382103-I1 R: \$199 / NR: \$209 **Mon-Fri: 8/18-8/22** 12-3pm

Instructor: Silver Knights Chess **Location:** Classroom - MEHMS

AM SCORE 7-9am 389991-A,F, I \$47 PM SCORE 3-6pm 389992-A,F, I \$57

Manners Talk 7-12 years

Mon-Fri: 7/28-8/1

382103-I2

Manners Talk is designed to raise a child's awareness and expand their understanding of proper manners, good social skills, and the importance of respect towards others and



their environment. The camp will help to increase self-confidence and poise, develop respect and care for others, strengthen their resilience and communication skills. *There is no extended care for this camp.

Mon-Fri: 8/18-8/22 10am-1pm

382026-I R: \$250 / NR: \$260

Instructor: Manners Talk **Location:** Preschool Room

Diamonds In A Rough 9-13 years

The goal of this camp is to help tween girls learn to build self-esteem, confidence and the necessary tools to communicate effectively and openly with their parents and their peers to create healthy and supportive relationships. We seek to improve family relationships and more productive communities. *This camp is for females only.

Mon-Fri: 8/11-8/15 9am-3pm

382027-H R: \$240 / NR: \$250

Instructor: Dream In Color **Location**: Preschool Room

AM SCORE 7-9am 389993-H \$42 PM SCORE 3-6pm 389994-H \$52

Join Our Team!

Counselor In Training

The Counselor in Training Program assigns youth volunteers to our Summer Fun Playground Program. Youth must be at least 13 by June 23, 2014.

The Summer Fun Playground program operates from June 23 through August 15. Campers participate in activities such as swimming, arts and crafts, sports, field trips and more. CIT's assist camp counselors and the camp director with daily activities such as preparing arts and crafts projects, supervising, being a good leader and more. Volunteering as a CIT is a fun way to gain experience working with children, leadership skills and a sense of responsibility.

Interested teens must apply, and interview. Space is limited. CIT's are expected to attend training sessions prior to the start of camp and volunteer for a minimum of four weeks of camp. The fee to be a CIT is \$35/week. Payment will be collected after participants are selected.

All youth interested in becoming a CIT should contact Ashley Green at (703)248-5307 or agreen@fallschurchva.gov for an application. Applications are due by March 31, 2014 and are also available online at www.fallschurchva.gov/recreation.

All City Facilities Are Smoke Free

Cheer, Dance, & Theatre

Tiny Dancers 3-5 years

Ballet instruction and craft will be included daily. Join us on the last day of camp for a recital with family and friends. *Extended care is not available.

Instructor: Tiny Dancers
Location: Dance Studio-Right

Princess Dreams Camp

All of our beloved princesses will dance the day away with Rapunzel, Jasmine and friends as we learn ballet.

Mon-Fri: 7/7-7/11 10am-12pm 380219-C R: \$225 / NR: \$235

Enchanted Castles Camp

Come to the world of magic wands, enchanted spells and royal balls as we dance our way through classic cherished stories.

Mon-Fri: 7/28-8/1 10am-12pm 380215-F R: \$225 / NR: \$235

Dream in Color Dance Camp 3-14 years

This dance camp provides students training in Jazz, Hip Hop, Tap and Ballet. Students in the full day program should bring a bag lunch including a drink and an additional water bottle for use throughout the day. All sessions end with a camp performance. Dance shoes are required for ages 8 & up. *Extended care is offered for ages 6 & up only.

Ages: 3-4

Mon-Thu: 6/30-7/3 9am-12pm 383309-B R: \$240 / NR: \$250

Ages: 5-7

Mon-Fri: 7/7-7/11 9am-3pm 383309-C R: \$240 / NR: \$250

Ages: 8-12

Mon-Fri: 7/14-7/18 9am-3pm 8: \$240 / NR: \$250

Ages: 10-14

Mon-Fri: 7/28-8/1 9am-3pm 383309-F R: \$240 / NR: \$250

Instructor: Dream In Color **Location**: Dance Studio

AM SCORE 7-9am 389993-C,D,F \$42 PM SCORE 3-6pm 389994-C,D,F \$52

Educational Theatre Company 8-18 years

ETC instructors invite families to view a camp sharing at the end of each week. Teens (13 and up) in

all camps will develop leadership skills while

learning to direct younger students in addition to performing in scenes of their own.

Instructor: Educational Theatre Company

Location: Classroom at MEH

AM SCORE 7-9am 389991-E,F,G \$47 PM SCORE 3-6pm 389992-E,F,G \$57

NEW THEATRE, YOGA, & DANCE CAMPS ON PAGE 14.

Youth Cheer Camp

7-13 years

Everyone wants to cheer on the sideline at a football game! We will cover every aspect of cheer including stunts, tumbling, dance, motions, chants, jumps

and cheers! This is a

great way of getting ready for cheer season.

Mon-Fri: 7/21-7/25 9am-12pm
380226-E R: \$155 / NR: \$165

Instructor: All Star Legacy **Location:** Dance-Right

AM SCORE 7-9am 389993-E \$42

Adrenaline Cheer Camp 7-13 years

We will work on motions and jump technique, tumbling basics, strength, cheer dances, showmanship and performance techniques, and more! The Camp will be split into appropriate age and ability group. Comfortable work out attire and sneakers is required. *Extended care is not available.

Mon-Thu: 8/4-8/7 9:30am-12:30pm 8: \$175 / NR: \$185

Instructor: Adrenaline Staff **Location:** Dance-Right

Adrenaline B-Boy Camp 7-13 years

This B-boy focused camp will start with a daily warm up, stretch, strength training, and skill session. Our crew will bring the latest in street moves and tricks, and work to build a skill base for dancers to improve their abilities. This camp is open to boys and girls. Dancers will be separated into age and ability groups. *Extended care is not available.

Mon-Thu: 7/14-7/17 9:30am-12:30pm 382021-D R: \$175 / NR: \$185

Instructor: Adrenaline Staff **Location:** MEHMS Classroom

Adrenaline Dance Force 7-13 years

Our camps include a daily warm up and stretch, skill and technique sessions, line dances, and routines in the latest styles of jazz, pom, and hip hop dances to be performed at the end of the week. Comfortable dance shoes and clothing required. *Extended care is not available.

Mon-Thu: 7/7-7/10 9:30am-12:30pm 382020-C R: \$175 / NR: \$185

Instructor: Adrenaline Staff **Location:** MEHMS Classroom

C.A.R.E Actor Camps

*Extended care is offered for ages 6 & up only. AM SCORE 7-9am 389991-C,D \$42 PM SCORE 3-6pm 389992-C,D \$52

Act it Out! 3.5-6 years

Each day these young actors will play basic acting games, act out stories and create art projects related to the theme of the day. Campers will present their favorite story on the last day!

Mon-Fri: 7/28-8/1 9am-12pm 382104-F R: \$165 / NR: \$175

Location: Classroom at GMHS

Dramatic Kids! 6-11 years

Young artists will take part in theater games, playwriting, set & costume design and more. On the last day, campers will present their original play based on current topics & positive values!

Mon-Fri: 7/14-7/18 9am-3pm 382105-D R: \$285 / NR: \$295

Location: MEHMS Band Room

Theatrical Teens! 11-15 years

This theater & arts camp invites teens to engage in improvisational theater techniques, playwriting, set & costume design, while discussing current topics. A short play will be presented on the last day of camp.

Mon-Fri: 7/7-7/11 9am-3pm

382106-C R: \$285 / NR: \$295

Location: MEHMS Band Room

Physical Comedy

Through physical exploration, improvisation, mask-making and traditional comedic styles, participants will learn to perform "on their feet," and construct their work into original physical comedy scenes.

Mon-Fri: 7/21-7/25 9am-3pm 382101-E R: \$275 / NR: \$285

Improvisation Extravaganza

We will learn basic improv skills and then create crazy characters and situations with our crazy, fun imaginations. Students will learn to create structured improvs through role playing using physical and vocal expression.

Mon-Fri: 7/28-8/1 9am-3pm 382101-F R: \$275 / NR: \$285

Sketch Comedy

ETC campers use improvisational skills to develop original "sketch comedy" in the tradition of "Saturday Night Live" and "Second City". Techniques such as control of the audience's focus and creative use of voice are developed.

Mon-Fri: 8/4-8/8 9am-3pm 382101-G R: \$275 / NR: \$285

Scienstional Workshops

Campers registered for both the morning and afternoon sessions will be supervised during the camp break. For further information, visit www.sciensational.net.



Location: Community Center Art Room

AM SCORE 7-9am 389993-A,C,E,G \$42 PM SCORE 3-6pm 389994-A,C,E,G \$52

Line Tracking Robot 7-12 years

Participants will get to work with motors, wires, gears, controllers, wheels, plastic pieces and axles. Join us in our Sumo wrestling, tug-of-war and obstacle course building.

Mon-Fri: 6/23-6/27 9am-12pm R: \$180 / NR: \$190 384002-A

Model Airplanes 7-12 years

Build your own model airplane, designing and building model bridges, and learn simple engineering skills. Build 6 projects including a patrol car siren, burglar alarm and morse code transmitter.

Mon-Fri: 6/23-6/27 12:45-3:45pm R: \$180 / NR: \$190 384002-A1

Prospectors Mystery 6-11 years

In this workshop you will excavate for valuable gems, fascinating rocks, and some ancient fossils.. You will record the color, both wet and dry texture, and its ability to float for each of the 10 specimens you dig.

Mon-Fri: 7/7-7/11 9am-12pm 384002-C R: \$180 / NR: \$190

All Terrain Tracker Vehicle **7-12 years**

Build and take home your own All-Terrain Tracker Vehicle! It travels the rough terrain overcoming objects in its path. Sand, stones, and twigs, will all be part of the challenge.

Mon-Fri: 7/7-7/11 12:45-3:45pm R: \$180 / NR: \$190 384002-C1

Electronic Lab **7-12 years**

Tech Savvy Girls

spark creative thinking.

Instructor: Digital Kidz

Location: MEHMS Classroom

AM SCORE 7-9am 389991-G \$47

PM SCORE 3-6pm 389992-G \$57

Mon-Fri: 8/4-8/8

384008-G

8-12 years

30 different projects and experiments are built with your own electronic kit to keep in this hands-on workshop. This lab will stimulate kids' minds by using easy to understand experiments

Just for girls! Design a fashion website, edit

photos of friends, learn graphic design and

animation, compose and mix digital music,

design video games and create short music

videos. Girls work with a new breed of

robotics that integrates art and technology to

9am-3pm

R: \$375 / NR: \$385

Mon-Fri: 7/21-7/25 9am-12pm 384002-E R: \$180 / NR: \$190

Advanced Robotics 7-12 years

In this workshop you'll build and take home the Jungle Robot, an advanced level robot. You'll connect the motor, battery and microphone to a circuit board, which will program your sound activated robot.

Mon-Fri: 7/21-7/25 12:45-3:45pm 384002-E1 R: \$180 / NR: \$190

Harry Potter Travel 6-11 years

Campers will make an edible wand, brew some fantastic potions to drink, and create and watch some amazing chemical reactions. Experiment with colored magic sand and create cool crystals.

Mon-Fri: 8/4-8/8 9am-12pm

384002-G R: \$180 / NR: \$190

Hovercraft **6-11** years

Build and keep an air powered Hover Craft and Egg Drop Car. You will learn about Laws of Motion, Energy, Air Pressure, Friction, Lift, Speed and Acceleration.

Mon-Fri: 8/4-8/8 12:45-3:45pm R: \$180 / NR: \$190 384002-G1

NEW SCIENCE & ENGINEERING CAMP ON PAGE 14.

Movie Making and Special Effect **8-13 years**

Campers learn the shooting and editing techniques used by industry professionals. Make a professional-quality digital movie and create Hollywood-style incredible animations, transitions and effects, including green screen for advanced effects

Mon-Fri: 6/23-6/27 9am-3pm 384007-A R: \$375 / NR: \$385 9am-3pm Mon-Fri: 7/21-7/25 384007-E R: \$375 / NR: \$385

Instructor: Digital Kidz Location: MEHMS Classroom

AM SCORE 7-9am 389991-A,E \$47 PM SCORE 3-6pm 389992-A,E \$57

3D Game Design 12-14 years

Create 3D games like action, adventure or invent a new one. Design your own characters, backgrounds and sounds. Campers discover 3D game-development concepts like game planning, path-based movement, collision detection, level design, dialogue, inventory and playability.

Mon-Fri: 8/11-8/15 9am-3pm R: \$375 / NR: \$385 384008-H Instructor: Digital Kidz

Location: MEHMS Classroom AM SCORE 7-9am 389991-H \$47 PM SCORE 3-6pm 389992-H \$57 Campers must provide their own laptop.

Beginner's Coding 11-16 years



Learn how to start writing JavaScript and HTML code, program with Scratch, an MIT developed program written especially for teens. Also learn computer maintenance, the basics of computer hardware and operating systems, and how software is made by building custom application, games, and websites.

Mon-Fri: 8/4-8/8 8:30am-12pm 384010-G R: \$225 / NR: \$235

Instructor: LAD Communications Location: Preschool Room

AM SCORE 7-9am 389993-G \$42

Campers must provide their own laptop.

Computer Tech for Teens 11-16 years



Produce a Podcast, shoot & edit video, create your own flash website, make your own 3D landscape, design your own iPhone case, sneakers or logo & make music beats. You never know what career this might lead to. Movie producer, writer, graphic web-designer, or owner of their own company.

Mon-Fri: 8/4-8/8 1pm-5pm 384010-G R: \$225 / NR: \$235

Instructor: LAD Communications

Location: Preschool Room

PM SCORE 3-6pm 389994-G

Tech and Game Design 8-12 years

Learn the concepts of game theory then use this knowledge to create fully-functional video games by adding characters, background and more from a massive library of cool sprites. Learn real-world app development and build arcade style video games for your devices.

Mon-Thu: 6/30-7/3 9am-3pm 384008-B

R: \$375 / NR: \$385 Instructor: Digital Kidz

Location: MEHMS Classroom AM SCORE 7-9am 389991-B \$47 PM SCORE 3-6pm 389992-B \$57

Horseback Riding, Mountain Biking, & Adventure

Clay Hill Horseback Riding 9-14 years

Children will have lessons in safety and horse management, i.e. grooming, leading. bridling, washing. saddling. clipping, tack mounting, mucking, care, dismounting, correct position at the walk and trot, and other horseback riding skills as appropriate. Children are provided with certified ASTM approved helmets, safety stirrups if they come without hard-soled shoes or boots. Children are provided with a Clay Hill participation t-shirt., equestrian movies, arts and crafts projects, competitive games, an afternoon snack and prizes for competitive horse games. This camp features a horse show and barbecue on Friday and is held at 9911 Old Adwick-Ardmore Rd. Springdale, MD 20774. Transportation is provided from the Falls Church Community Center. For more information, visit

http://www.clayhillstables.com/.

 Mon-Fri: 7/7-7/11
 8am-4:30pm

 383002-C
 R: \$350 / NR: \$360

 Mon-Fri: 8/4-8/8
 8am-4:30pm

 383002-G
 R: \$350 / NR: \$360

Instructor: Clay Hill Stables

Location: Clay Hill Stables, Springdale, MD AM SCORE 389993-C,G 7-9am \$42 PM SCORE 389994-C,G 3-6pm \$52



Adventure & Water Sports 6-14 years

Campers participate in canoeing, kayaking, swimming, rock climbing, archery, air rifle, gymnastics and more at Valley Mill Camp in Germantown, MD. The facility has two pools, a 2 acre lake, a climbing wall, archery range, and more and is surrounded by nature. Campers are divided by age and gender.

Mon-Fri: 6/23-6/27 8am-5pm 383005-A R: \$500 / NR: \$510 Mon-Fri: 7/28-8/1 8am-5pm 383005-F R: \$500 / NR: \$510

Instructor: Valley Mill

Location: Valley Mill, Germantown, MD AM SCORE 7-9am 389993-A,F \$42 PM SCORE 3-6pm 389994-A,F \$52

Mountain Biking 8-13 years

Campers will develop beginner intermediate mountain biking skills including: steering, shifting, hill climbing and descending, log hopping, dodging obstacles, etiquette, maintenance, safety and more. Campers ride in the morning, have a midday activity with time to cool down then get back on the bikes in the afternoon. Bikes and helmets are provided by Virginia Outside, however campers are welcome to bring their own. For more information, visit http:// virginiaoutside.com. Contact Tee Clarkson at tsclarkson@virginiaoutside.com or 804-272-6362 for more information.

 Mon-Fri: 7/28-8/1
 8:30am-3:30pm

 381707-F
 R: \$525 / NR: \$535

 Mon-Fri: 8/11-8/15
 8:30am-3:30pm

 381707-H
 R: \$525 / NR: \$535

Instructor: Virginia Outside

AM SCORE 389993-F,H 7-9am \$42 PM SCORE 389994-F,H 3-6pm \$52



Nature Photography & Hiking 10-17 years

Fish & Explore transports students off-site to learn about digital photography while hiking local nature trails and parks. Camp will include lab and field components to teach the camera functions, lighting, composition and types of subjects. Students will also learn how to upload and save images and how to make edits to enhance images. All students should have an SD Card and a Flashdrive. Students are encouraged to bring their own digital camera. Fish and Explore will have Digital Cameras available for students to share if they do not yet have one. During the outdoor exploration we will apply the new techniques and lessons to enhance our photographs. For itineraries and more, visit www.fishandexplore.com or contact John Lipetz with any questions at 703-609-8083 or idlipetz@fishandexplore.com.

Mon-Fri: 8/4-8/8 8:30am-4:30pm 381800-G R: \$495 / NR: \$505 Instructor: Fish and Explore, LLC

AM SCORE 389993-G 7-9am \$42 PM SCORE 389994-G 3-6pm \$52



Camp Olympia- Horseback Riding 8-15 years

The campers will ride twice a day (4 times per week = 8 rides per week) and swim daily. Children ages 10 and up would have a variety of unmounted horse activities including leading horses, unsaddling, grooming, bathing horses, cleaning tack, plus general barn responsibilities. Campers ages 10 and above who wish to may participate in other camp activities for their age group in lieu of unmounted activities. Campers ages 8 and 9 years old will have unmounted activities on Thursday only but have the opportunity to participate in other camp activities such as swimming, tennis, soccer, basketball, and other games. Transportation is provided from the Falls Church Community Center. This camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855.

Mon-Fri: 7/14-7/18 8am-5pm

383003-D R: \$570 / NR: \$580

Mon-Fri: 8/18-8/22 8am-5pm

383003-I R: \$570 / NR: \$580

Instructor: Camp Olympia

Location: Camp Olympia, Rockville, MD AM SCORE 7-9am 389993-D,I \$42 PM SCORE 3-6pm 389994-D,I \$52

Adventure Sports & Horseback 6-14 years

Campers participate in horseback riding or a horse activity once per day and participate in activities such as canoeing, kayaking, swimming, archery, air rifle, gymnastics, and more throughout the rest of the day. Valley Mill Camp in Germantown, MD has two pools, a 2 acre lake, a climbing wall, archery range, stables and more and is surrounded by nature. The horseback riding option is available for females only. Males may participate at Valley Mill Camp in the Adventure and Water Sports Camp.

Mon-Fri: 6/23-6/27 8am-5pm 8: \$575 / NR: \$585

Mon-Fri: 7/28-8/1 8am-5pm

383006-F R: \$575 / NR: \$585

Instructor: Valley Mill

Location: Valley Mill, Germantown, MD AM SCORE 389993-A,F 7-9am \$42 PM SCORE 389994-A,F 3-6pm \$52

Excursion Camp 11-15 years

Campers will travel to different destinations each day! Trips will include activities such as tubing, sailing and more! The week ends with a trip to Kings Dominion on Friday. An information packet is available at the time of registration or you can visit the Classes & Camps page at www.fallschurchva.gov/recreation. All trips are subject to change. Alternate trips will take place in the event of inclement weather. Camp will return at 9pm on Friday.

Mon-Fri: 7/21-7/25 9am-5pm R: \$415 / NR: \$425 383201-E 389993-E AM SCORE 7-9am \$42 389994-E PM SCORE 3-6pm \$52

Water Works Excursion 11-15 years

Campers will go tubing, and visit local water Canoeing, and Challenge Course (high parks such as Splashdown Water Park and elements—Zip Wire, Giant Swing and low Hurricane Harbor at Six Flags! Campers will need elements). Individualized instruction, teamwork, to bring a swimsuit, towel, and a change of skill development, and Fun are the focus of the clothes each day. An information packet is camp! Please note: The refund policy for this available at the time of registration. All trips are camp differs from our other camps. In addition subject to change. Some facilities open later so to the processing fees for cancellation, there will some trips will start later.

www.fallschurchva.gov/recreation

Mon-Thu: 6/30-7/3 9am-5pm 383204-B R: \$275 / NR: \$285 AM SCORE 7-9am 389993-B \$42 PM SCORE 3-6pm 389994-B \$52

Field Trip Fun! **8-11** years

Campers will visit local water parks and Mon-Fri: 8/18-8/22 participate in activities such as visiting museums, tubing and more! All trips are subject to change. For a detailed itinerary by week, visit our Classes 383102-J & Camps page at www.fallschurchva.gov/ Instructor: Inner Quest recreation.

Mon-Fri: 630-7/3 9am-4pm 383205-B R: \$295 / NR: \$305 AM SCORE 7-9am 389993-B \$42 PM SCORE 4-6pm 389994-B \$52

Amusement Park Thrills 11-16 **years**

In this exciting week, campers will visit Six Flags, Central Park Funland, Kings Dominion, Splashdown and Hershey Park. Campers should wear comfortable clothing each day as well as bring a bathing suit and towel. Campers will return at 9pm Monday, Wednesday and Friday and at 5pm Tuesday & Thursday. Visit www.fallschurchva.gov/recreation for a detailed schedule. Campers should bring spending money for souvenirs.

Mon-Fri: 6/23-6/27 9am-9pm 383206-A R: \$450 / NR: \$460 Mon-Fri: 8/11-8/15 9am-9pm

R: \$450 / NR: \$460 383206-H AM SCORE 7-9am 389991-A,H



Inner Quest 10-16 years

Explore the great outdoors in this exciting adventure camp. The Inner Quest camp is a five-day mobile camp for the new and experienced adventurer. Each day will bring a new activity: Rock Climbing, Rappelling, be an additional fee of \$75 for all campers asking for a refund at least two weeks prior to the start of the camp. As with our other camps, no refunds will be given with less than two weeks notice.

Mon-Fri: 7/7-7/11 8am-4pm R: \$350 / NR: \$360 383102-C Mon-Fri: 8/11-8/15 8am-4pm R: \$350 / NR: \$360 383102-H 8am-4pm 383102-I R: \$350 / NR: \$360 Mon-Fri: 8/25-8/29 8am-4pm R: \$350 / NR: \$360

AM SCORE 7-9am 389993-C,H,I,J \$42



Virginia Academy of Fencing 9-17 years

A Virginia Academy of Fencing registration form must be completed, and an equipment rental fee of \$49 payable to the Virginia Academy of Fencing is due on the first day of camp. For more information, 703-321-4922 or visit www.vafinc.com. Transportation is not provided.



Introductory Olympic Sport Fencing

This camp primarily uses the Foil (a light thrusting sword), but introduces the Sabre (the modern equivalent of the cavalry sword), and the Epee (the modern equivalent of the rapier). Students use safety tipped swords, protective jackets, masks, and a glove. There will be a supervised lunch break between camps (lunch is not provided).

9am- 12 noon: R: \$190 / NR: \$200 Mon-Fri: 6/23-6/27 381701-A Mon-Fri: 7/14-7/18 381701-D Mon-Fri: 7/28-8/1 381701-F Mon-Fri: 8/11-8/15 381701-H Mon-Fri: 8/25-8/29 381701-J 12:30pm-3:30pm: R: \$190 / NR: \$200 Mon-Fri: 7/7-7/11 381701-C 381701-E Mon-Fri: 7/21-7/25 Mon-Fri: 8/4-8/8 381701-G Mon-Fri: 8/18-8/22 381701-I

Introductory Historical Swordsmanship

Explore the sword arts the way they were originally practiced on the battlefields of the Middle Ages and the Renaissance. The sword styles that are introduced are the rapier and the Longsword. Practice swords used in camp are the shinai (made of bamboo) and the foil. Students use protective jackets, masks, and a pair of gloves.

9am- 12 noon: R: \$190 / NR: \$200 Mon-Fri: 7/7-7/11 381703-C 381703-E Mon-Fri: 7/21-7/25 Mon-Fri: 8/4-8/8 381703-G Mon-Fri: 8/18-8/22 381703-I 12:30pm-3:30pm: R: \$190 / NR: \$200 Mon-Fri: 6/23-6/27 381703-A 381703-D Mon-Fri: 7/14-7/18 381703-F Mon-Fri: 7/28-8/1 Mon-Fri: 8/11-8/15 381703-H Mon-Fri: 8/25-8/29 381703-J

*There is no extended care for this camp. Location: 5401-B Port Royal Road,

Springfield, VA 22151

NEW SOFTBALL CAMP ON PAGE 14.

Giant Basketball Academy 6-14 years

New Jersey Are

Former Washington Wizards and New Jersey Nets player Gheorghe Muresan and his coaches will teach the fundamentals of basketball. Camp features 1-on-1 skills, shooting, team play, defensive positioning, speed drills and competitions to further develop players.

Co-Ed

Mon-Fri: 6/23-6/27 9am-3pm 8: \$200 / NR: \$210

Boys ONLY

Mon-Thu: 6/30-7/3 9am-3pm

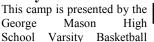
381207-B R: \$160 / NR: \$170

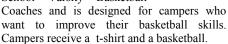
Location: MEHMS Gym

AM SCORE 7-9am 389991-A,B \$47 PM SCORE 3-6pm 389992-A,B \$57



Mustang Basketball Skills Camp 8-13 years





Boys

 Mon-Fri: 7/7-7/11
 9am-3pm

 381203-C
 R: \$175 / NR: \$185

 Mon-Fri: 7/21-7/25
 9am-3pm

 381203-E
 R: \$175 / NR: \$185

Girls

 Mon-Fri: 7/14-7/18
 9am-3pm

 381203-D
 R: \$175 / NR: \$185

 Mon-Fri: 7/28-8/1
 9am-3pm

 381203-F
 R: \$175 / NR: \$185

Instructor: Mustang Sports **Location:** GMHS Main Gym

AM SCORE 7-9am 389991-C,E,D,F \$47 PM SCORE 3-6pm 389992-C,E,D,F \$57



Mustang Softball 8-13 years

Are you a softball player looking to work on your skills? Directed by George Mason High School



Coaches, campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations. Each participant receives a t-shirt.

Mon-Fri: 7/28-8/1 9am-3pm 8: \$175 / NR: \$185

Instructor: Mustang Sports **Location:** Softball Field

AM SCORE 7-9am 389991-F \$47 PM SCORE 3-6pm 389992-F \$57

Mustang Baseball Camp 8-13 years

Are you a baseball player looking to work on your skills? Directed by the George Mason High School Varsity Coach, campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations. Each participant receives a t-shirt.

Mon-Fri: 6/23-6/27 9am-3pm

381001-A R: \$175 / NR: \$185 **Mon-Fri: 7/14-7/18** 9am-3pm

381001-D R: \$175 / NR: \$185 **Instructor:** Mustang Sports

Location: Baseball Field

AM SCORE 7-9am 389991-A,D \$47 PM SCORE 3-6pm 389992-A,D \$57

Mustang Lacrosse 8-13 years

Are you a lacrosse player looking to work on your skills? Directed by George Mason High School Coaches, campers will learn basic fundamental skills. Each participant receives a t-shirt.

Mon-Fri: 8/18-8/22 9am-3pm

381214-I R: \$175 / NR: \$185

Instructor: Mustang Sports
Location: Artificial Turf Field
AM SCORE 7-9am 389991-I \$47
PM SCORE 3-6pm 389992-I \$57

Mustang Field Hockey 10-15 years



Are you a field hockey player looking to work on your skills? Directed by George Mason High School Coaches, campers will learn basic fundamental skills. Each participant receives a t-shirt.

Mon-Fri: 7/14-7/18 9am-3pm

381216-D R: \$175 / NR: \$185

Instructor: Mustang Sports **Location:** Upper Field

AM SCORE 7-9am 389991-D \$47 PM SCORE 3-6pm 389992-D \$57

Loaded Up Volleyball 11-15 years

Campers will focus on the mechanics of passing and receiving while learning hand positioning for setting skills. They will



also acquire the proper basic skills for Hitting and positioning. The campers will learn and apply volleyball skills in game situations while addressing rules and play strategy. This camp is for individuals who are expecting a medium to high level "focused" skills camp. (Knee pads required).

Mon-Fri: 7/14-7/18 9am-3pm

381404-D R: \$175 / NR: \$185

Location: MEHMS Gym

AM SCORE 7-9am 389991-D \$47 PM SCORE 3-6pm 389992-D \$57



Join Our Team!

Falls Church Recreation & Parks hires Teen Excursion Leaders, Water Safety Instructors, Playground Counselors and a Camp Director.

For a full list of qualifications and requirements, please visit the Careers page at www.fallschurchva.gov.

To Apply:

Reasonable Accommodation:

During the selection process, applicants with disabilities may request reasonable accommodation with the mutual agreement of the hiring authority and the Human Resources Division. Requests for reasonable accommodation should be directed to the Human Resources Division. The City of Falls Church does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, or disability.

All City Facilities Are Smoke Free

Youth Football Camp 6-12 years

Football Camp is a non-contact, fundamental football camp designed to improve a child's beginning, intermediate, or advanced skill level. Fundamentals of all positions on offense, defense and special teams will be taught in addition to life skills such as teamwork, communication, sportsmanship and the importance of education.

Mon-Thu: 6/30-7/3 9am-3pm 381006-B R: \$137 / NR: \$147

Mon-Fri: 7/14-7/18 9am-3pm

R: \$170 / NR: \$180 381006-D

Mon-Fri: 7/28-8/1 9am-3pm

R: \$170 / NR: \$180 381006-F

Instructor: Sportz Campz 4 Kidz Location: Artificial Turf Field

AM SCORE 7-9am 389991-B,D,F PM SCORE 3-6pm 389992-B,D,F



Ultimate Frisbee Camp 11-18 years

Campers totally new to Frisbee will learn the fundamentals - catching, throwing backhand and forehand, etc. More experienced campers will focus on sharpening those skills, extending the range of their throws, plus defensive skills, field positioning, etc. Every camper will get a disc, a shirt and a hat but the most important thing we anticipate our campers will get is a fun week. In addition to ultimate we play Frisbee tennis, Frisbee golf, Frisbee Capture the Flag, Zombie, Double Disc Court, and games that kids themselves invent.

Mon-Fri: 7/7-7/11 9am-3pm 381007-C R: \$300 / NR: \$310

Instructor: Camp Ultimate Location: Softball Field

AM SCORE 7-9am 389991-C \$47 PM SCORE 3-6pm 389992-C \$57

Mustang Track & Field **8-13** years



Are you a track & field athlete looking to work on your skills? Directed by George Mason High School Coaches, campers will learn basic fundamental skills of track & field. Each participant receives a t-shirt.

Mon-Fri: 7/21-7/25 9am-3pm R: \$175 / NR: \$185 381215-E

Instructor: Mustang Sports Location: Artificial Turf Field AM SCORE 7-9am 389991-E \$47 PM SCORE 3-6pm 389992-E \$57

First Kicks British Soccer 3-4 years

steps in soccer in a way your child will love! upon *Extended Care is not available.

Mon-Fri: 6/23-6/27 9-10am

381303-A R: \$100 / NR: \$110

Mon-Fri: 8/4-8/8 9-10am

381303-G R: \$100 / NR: \$110

Mon-Fri: 8/11-8/15 9-10am

381303-H R: \$100 / NR: \$110

Instructor: Challenger Sports Location: Artificial Turf Field



Mini British Soccer Camp 4-6 years

A unique way for youth to learn the fundamentals of the game. Fun games, competitions and challenging skill building Location: Artificial Turf Field activities taught in small groups by British Soccer professionals will captivate and PM SCORE 3-6pm 389992-A,G,H \$57 enlighten your child. Camp includes a soccer ball, t-shirt, player evaluation and free gift. *Extended Care is not available.

Mon-Fri: 6/23-6/27 10:15-11:45am 381304-A R: \$125 / NR: \$135 Mon-Fri: 8/4-8/8 10:15-11:45am 381304-G R: \$125 / NR: \$135 Mon-Fri: 8/11-8/15 10:15-11:45am 381304-H R: \$125 / NR: \$135

Golf Camp

8-16 years

Campers learn putting, chipping, irons, woods, sand play, rules, etiquette, and course management. All campers receive a diploma, water bottle, T-shirt, hat, logo ball,

Instructor: Challenger Sports

tees, green repair tool, ball marker, and snacks. Loaner clubs

provided. You will travel by van to the Golf School at 3200 Jermantown Rd, Oakton, VA 22124. The bus will depart from and return to

the Falls Church Community Center. Mon-Fri: 8/4-8/8 9am-3pm

381601-G R: \$475 / NR: \$485

Instructor: Everybody Golf School AM SCORE 7-9am 389991-G \$47 PM SCORE 3-6pm 389992-G \$57

British Soccer Development 6-16 years

A friendly, low-key introduction to the basics This program provides technical and tactical of soccer through ball familiarization, games instruction, placing emphasis on skill and FUN! British Soccer professionals development, fundamental tactical awareness, patiently encourage players to take their first and FUN. The morning emphasis is placed individual skill development. fundamental tactics, goal scoring and coached scrimmages. Individuals in the full day program will then have a one hour lunch break, followed by coaches scrimmages, competitions and British Street soccer games. Bring cleats and water bottle daily. Camp includes a soccer ball, t-shirt, player evaluation, and gift.

Half Day

Mon-Fri: 6/23-6/27 9am-12pm

381305-A R: \$170 / NR: \$180 Mon-Fri: 8/4-8/8 9am-12pm 381305-G R: \$170 / NR: \$180

Mon-Fri: 8/11-8/15 9am-12pm

381305-H R: \$170 / NR: \$180

Full Day Camp

Mon-Fri: 6/23-6/27 9am-3pm

381305-A1 R: \$240 / NR: \$250

Mon-Fri: 8/4-8/8 9am-3pm

381305-G1 R: \$240 / NR: \$250 Mon-Fri: 8/11-8/15 9am-3pm

381305-H1 R: \$240 / NR: \$250

Instructor: Challenger Sports

AM SCORE 7-9am 389991-A,G,H \$47



Mustang Soccer Camp 8-13 years

This camp is presented by the George Mason High School Varsity Soccer Coaches. Campers will experience the drills and teachings that have won multiple state championships but in an age appropriate setting.

Mon-Fri: 7/7-7/11 9am-3pm

381310-C R: \$175 / NR: \$185

Mon-Fri: 7/21-7/25 9am-3pm

R: \$175 / NR: \$185 381310-E

Instructor: Mustang Sports Location: Artificial Turf Field

AM SCORE 7-9am 389991-C,E \$47 PM SCORE 3-6pm 389992-C,E \$57



Camp Olympia- Sports 8-15 years

There are five activity hours during the day and schedules varies from day to day. Each camper will swim twice a day (one instructional swim and one free swim) and horseback ride four times per week. This leaves two activity hours each day for team sports or instructional sports. The activities offered include soccer, basketball, volleyball, kickball, ball skills, gymnastics, tennis, track and field and games. This camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855.

Mon-Fri: 7/14-7/18 8am-5pm

383004-D R: \$450 / NR: \$460

Mon-Fri: 8/18-8/22 8am-5pm

383004-I R: \$450 / NR: \$460

Instructor: Camp Olympia

Location: Camp Olympia, Rockville, MD AM SCORE 7-9am 389993-D,I \$47 PM SCORE 3-6pm 389994-D,I \$57



Shooting Stars Tot Sports Camp 5-8 years

Creative games, competitions and challenging skill building activities will captivate and enlighten children as they work on improving their kicking, running, jumping, and throwing skills with a program of the world's best fun soccer games and "Wacky" sports. Campers will participate in a variety of sports such as soccer, basketball, whiffleball & floor hockey. *Extended care is offered for ages 6 & up only.

Mini Camp

 Mon-Fri: 6/23-6/27
 9am-1pm

 381402-A
 R: \$110 / NR: \$120

 Mon-Fri: 7/7-7/11
 9am-1pm

 381402-C
 R: \$110 / NR: \$120

 Full Day Camp

Mon-Fri: 6/23-6/27 9am-3pm 8: \$170 / N

381402-A1 R: \$170 / NR: \$180 **Mon-Fri:** 7/7-7/11 9am-3pm

381402-C1 R: \$170 / NR: \$180 **Instructor:** Sportz Campz 4 Kidz

Location: GMHS Aux. Gym

AM SCORE 7-9am 389991-A,C \$47 PM SCORE 3-6pm 389992-A,C \$57



UK Sports Week Camp 5-14 years

This is a chance for children to learn different This camp is designed to help students utilize sports from the UK. Sports include Soccer, their full range of imagination and problem Cricket, Rugby, Gaelic Football, plus others.

Half Day

Mon-Thu: 6/30-7/3 9am-12pm 8: \$130 / NR: \$140

Full Day

Mon-Thu: 6/30-7/3 9am-3pm

381400-B1 R: \$190 / NR: \$200

Location: MEHMS Gym

AM SCORE 7-9am 389991-B \$47 PM SCORE 3-6pm 389992-B \$57

Half Day

Mon-Fri: 8/18-8/22 9am-12pm

381400-I R: \$170 / NR: \$180

Full Day

Mon-Fri: 8/18-8/22 9am-3pm

381400-I2 R: \$230 / NR: \$240

Location: Community Center GymAM SCORE7-9am389993-I\$42PM SCORE3-6pm389994-I\$52

All American Sports Camp 6-12 years

Campers will participate in basketball, soccer, flag football, whiffleball, and volleyball as well as many other sports related activities. Each camper will be grouped according to age or ability to ensure maximum skill development.

 Mon-Fri: 7/14-7/18
 9am-3pm

 381401-D
 R: \$170 / NR: \$180

 Mon-Fri: 7/21-7/25
 9am-3pm

 381401-E
 R: \$170 / NR: \$180

 Mon-Fri: 7/28-8/1
 9am-3pm

 381401-F
 R: \$170 / NR: \$180

 R: \$170 / NR: \$180

Mon-Fri: 8/4-8/8 9am-3pm 8: \$170 / NR: \$180

Mon-Fri: 8/11-8/15 9am-3pm 8: \$170 / NR: \$180

Instructor: Sportz Campz 4 Kidz **Location:** GMHS Aux. Gym

AM SCORE 7-9am 389991-D,E,F,G,H \$47 PM SCORE 3-6pm 389992-D,E,F,G,H \$57

Virgil Seay Sports Camp 7-11 years

This camp will allow each camper a chance to improve individual skills, develop team concept & leadership role while fostering good sportsmanship. Campers build self-confidence in a semi-competitive environment. Note the specific sports for each camp below.

Soccer-Flag Football

Mon-Fri: 7/7-7/11 9am-3pm 8: \$165 / NR: \$175

Location: MEHMS Gym

Basketball-Indoor Soccer-PE Games

Mon-Fri: 8/18-8/22 9am-3pm 8: \$165 / NR: \$175

Location: GMHS Gym

AM SCORE 7-9am 389991-C,I \$47 PM SCORE 3-6pm 389992-C,I \$57

Martial Arts Olympic 6-14 years

This camp is designed to help students utilize their full range of imagination and problem solving skills. It also develops their self-respect and confidence through individual attention and encouragement, and teaches them to respect the abilities and rights of their peers through healthy and competitive curriculum. They will receive prizes, awards, badges, and more!

Mon-Fri: 6/23-6/27 9am-3pm

381407-A R: \$242 / NR: \$252

Instructor: WCRB Karate **Location:** Dance Room

AM SCORE 7-9am 389993-A,E \$42 PM SCORE 3-6pm 389994-A,E \$52



Ninja Ranger 6-14 years

Camp participants are thrust back in time to ancient Japan. They are among the nation's elite soldiers, who are summoned by the King to fight off the repetitive attempts of a hostile takeover by the King's enemies. Themes for this camp include stealth maneuvers, basic kicks and blocks, weaponry, camouflage, and defensive release moves to use if captured.

Mon-Fri: 8/11-8/15 9am-3pm R: \$242 / NR: \$252

Instructor: WCRB Karate Location: Dance Room

AM SCORE 7-9am 389993-H \$42 PM SCORE 3-6pm 389994-H \$52

Ninja Trainee - Game 6-14 years

As a trainee, campers enter the room of the lost MOJO; there, their MOJO will be taken. In order to get it back and go to the next level, they must train and compete in: karate basics, martial art gymnastics, archery, sword fighting, blowguns, throwing stars, castle storming, camouflage blending, circles of doom, obstacle course running, and more! At the end of the camp, camp participants will be asked to run an obstacle course. Prizes will be given away.

Mon/Wed-Fri: 8/18-8/22 9am-3pm

381407-I R: \$242 / NR: \$252

Instructor: WCRB Karate **Location:** Dance Room

AM SCORE 7-9am 389993-I \$42 PM SCORE 3-6pm 389994-I \$52



FirstServe Tennis Location: GMHS Tennis Courts
*Extended care not available for tennis camps.

Little Shots Tennis Camp 4-6 years

This camp introduces tots to tennis through Intermediate players apply their tennis fun games and activities designed to build eye and hand coordination and familiarity with the tennis ball and racket. Parents are encouraged to stay with their child at the court site.

Intermediate players apply their tennis fundamentals to match play with emphasis on the serve, return of serve, and tennis rules.

R: \$205 / NR: \$215

Mon-Thu: 6/23-6/26 381905-A

8:30am-9:15am	R: \$82 / NR: \$92
Mon-Thu: 6/23-6/26	381901-A
Mon-Thu: 7/7-7/10	381901-C
Mon-Thu: 7/21-7/24	381901-E
Mon-Thu: 8/4-8/7	381901-G
Mon-Thu: 8/18-8/21	381901-I

Tennis I: Fundamentals Camp Ages 7-9

Through skill-building games, beginners learn fundamental strokes. Players will be grouped by age and/or ability.

9:30am-12pm	R: \$205 / NR: 215
Mon-Thu: 6/23-6/26	381902-A
Mon-Thu: 7/7-7/10	381902-C
Mon-Thu: 7/21-7/24	381902-E
Mon-Thu: 8/4-8/7	381902-G
Mon-Thu: 8/18-8/21	381902-I



Tennis II Intro to Competition 7-9 years

fundamentals to match play with emphasis on the serve, return of serve, and tennis rules.
9:30am-12pm R: \$205 / NR: \$215

Mon-Thu: 6/23-6/26 381905-A

Mon-Thu: 7/7-7/10 381905-C

Mon-Thu: 7/21-7/24 381905-E

Mon-Thu: 8/4-8/7 381905-G

Mon-Thu: 8/18-8/21 381905-I

Tennis I Fundamentals 10-13 years

Through fun skill-building games beginners learn the fundamental strokes with emphasis on the serve, return of serve, score keeping, and tennis rules.

9:30am-12pm	R: \$205 / NR: \$215
Mon-Thu: 6/30-7/3	381906-B
Mon-Thu: 7/14-7/17	381906-D
Mon-Thu: 7/28-7/31	381906-F
Mon-Thu: 8/11-8/14	381906-H
Mon-Thu: 8/25-8/28	381906-J

Tennis II Intro to Middle School Competition 10-13 years

Stroke production drills combine with match play tactics and strategies to prepare intermediate players for middle school competition.

tion.	
9:30am-12pm	R: \$205 / NR: \$215
Mon-Thu: 6/30-7/3	381907-B
Mon-Thu: 7/14-7/17	381907-D
Mon-Thu: 7/28-7/31	381907-F
Mon-Thu: 8/11-8/14	381907-Н
Mon-Thu: 8/25-8/28	381907-J

Virginia Fishing Adventures 8-14 years

This week with Virginia Fishing Adventures offers campers the opportunity to learn beginner and intermediate tactics for freshwater fishing in nearby private ponds and rivers, as well as the Chesapeake Bay. We have access to some excellent private waters where campers are assured success. Our counselor-to-camper ratio is 1-to-5 to allow for one-on-one instructional time each day. Campers may also earn their fishing merit badge through this program. Safety is our number one priority, so campers will wear lifejackets when in the water or on a boat. Virginia Fishing Adventures provides all bait and tackle, rods and reels, lifejackets, and good times. Please visit www.virginiafishingadventures.com for a detailed description of our weekly activities. Contact Tee Clarkson with questions. tsclarkson@virginiafishingadventures.com or 804-272-6362.

Mon-Fri: 7/7	-7/11	8:30am-4:30pr	
381705-C		R: \$550 / NR:	\$560
Mon-Fri: 7/2	1-7/25	8:30am-4:30pr	n
381705-Е		R: \$550 / NR:	\$560
Mon-Fri: 8/1	1-8/15	8:30am-4:30pn	n
381705-Н		R: \$550 / NR:	\$560
Instructor: V	irginia F	ishing Adventure	S
AM SCORE	7-9am	389991-C,E,H	\$47
PM SCORE	3-6pm	389992-C,E,H	\$57





Paddle & Explore 10-17 years



Fish & Explore transports campers off-site to paddle 2 person kayaks along local waterways, ponds, and lakes. Campers will learn kayaking skills while getting up close to native wildlife. Campers will paddle through animal habitats allowing them the opportunity to take amazing photographs. Beach stops allow campers to wade and observe, catch, photograph and release frogs, toads, tadpoles, salamanders, lizards, turtles, crayfish, minnows, and many more small critters that live the life aquatic. Students will wear lifejackets when in the water or on a boat. Bring lunch, snack, a change of clothes, sneakers or river shoes and towel. Everything else is provided. For itineraries and more, visit www.fishandexplore.com or contact John Lipetz with any questions at 703-609-8083 or jdlipetz@fishandexplore.com.

 Mon-Fri: 7/14-7/18
 8:30am-4:30pm

 381710-D
 R: \$525 / NR: \$535

 Instructor: Fish and Explore, LLC

 AM SCORE
 7-9am
 389993-D
 \$42

 PM SCORE
 3-6pm
 389994-D
 \$52

Big Fish Fishing Camp 10-15 years

Fish & Explore transports students off-site to fish a large variety of water to include some or all of the following: public and private lakes, reservoirs, ponds, rivers, streams, creeks and the Chesapeake Bay over the course of the week. Having a 1 to 4 instructor to student ratio allows us to provide an extensive amount of individualized attention to each student as they learn about casting and rigging, to knot tying, to selecting tackle and lures and identifying Students will learn watercraft identification, reading the water, targeting specific species of fish and river navigation. Fun will be had, but safety is our number one priority, so students will wear lifejackets when in the water or on a boat. Fish & Explore provides all drinks, bait and tackle, rods and reels, and lifejackets. Scouts may earn their fishing merit badge through this program. For itineraries and more. www.fishandexplore.com or contact John Lipetz with any questions at 703-609-8083 or idlipetz@fishandexplore.com.

 Mon-Fri: 6/23-6/27
 8:30am-4:30pm

 381709-A
 R: \$550 / NR: \$560

 Instructor: Fish and Explore, LLC

 AM SCORE
 7-9am
 389993-A
 \$47

 PM SCORE
 3-6pm
 389994-A
 \$57

New Camps In 2014

G-Street Fabrics 9-13 years

In this sewing camp, participants will make two projects: a cloth backpack and a pair of pajama pants or shorts. G-Street Fabrics will provide sewing machines and supplies.

Mon-Fri: 7/14-7/18 9am-1pm 382108-D R: \$225 / NR: \$235 Mon-Fri: 7/28-8/1 9am-1pm 382108-F R: \$225 / NR: \$235

Instructor: G-Street Fabrics Location: Classroom at GMHS

AM SCORE 7-9am 389991-D,F \$47



Big Meow Camp 5-7 years

Express yourself and find your passion in the performing arts with Jane Franklin Dance. This full day camp is inspired by the book, "The Big Meow" the story of an ever-hopeful orange fluffball who desperately wants to belong to the band of neighborhood cats, but is ostracized for a "loud as a lion's roar" meow. This book will come to life through movement, art and physical story-telling. You'll stretch your muscles, create and share a cat-like vocabulary of movement, explore visual arts, reading and performance preparation. By the end of the week, you'll be on stage and be a star.

> Mon-Fri: 8/18-8/22 9am-3pm 380222-I R: \$300 / NR: \$310

Instructor: Jane Franklin Dance **Location:** Community Center Art Room AM SCORE 7-9am 389993-I \$42 PM SCORE 3-6pm 389994-I \$52

Young Players Theatre 4-14 years

Do you love telling stories? Do you love making funny voices? Young Players Theatre ignites the imagination while encouraging social, physical, and cognitive development. We will use written texts to create characters through a mixture of theatre games, music, theme related crafts, and some production development. The youngest of the Young Players explore exciting folktales and stories, as well as traditional songs and rhythms from around the world. In the afternoon, our older actors work towards building an ensemble through theater games and exercises, with a focus on building trust and confidence. Actors will explore a classic children's story and create their own adaptation.

> Mon-Fri: 8/11-8/15 9-11:30am Ages 4-6 382107-Н R: \$158 / NR: \$16 Ages 7-14 **Mon-Fri: 8/11-8/15** 12:30-3pm 382107-H1 R: \$158 / NR: \$168

Instructor: Young Players Theatre with Annie Yim-Jun

Location: MEHMS Classroom





Kuumba Fitness Camp 5-12 years

Through this fun yet powerful state-of-the-art blend of yoga, Zuumba and dance this program delivers all of the tools necessary to develop within your child a sense of inner peace through meditation as well as balance, movement and athleticism.

> Mon-Fri: 8/18-8/22 9am-3pm 381009-J R: \$280 / NR: \$290 **Instructor:** Twenty Sixth Dimension **Location:** Community Room AM SCORE 7-9am 389993-I \$42 PM SCORE 3-6pm 389994-I \$52

Pure Performance Softball Camp 7-12 years

Our goal is to provide a safe and fun learning environment for your child while instructing hitting, throwing fielding and helping them to be the strongest softball player possible. An age appropriate and softball specific warm-up designed by a Certified Strength and Conditioning Specialist is taught to all players and performed each morning. One nutrition "nugget" of knowledge is shared with players every day over lunch. Players are divided according to age and skill level. Scrimmages are played at the end of each camp day. Players should bring a glove, visor/hat, cleats, sunscreen, water bottle, and lunch.

> Mon-Thu: 6/30-7/3 9am-2pm 381008-B R: \$148 / NR: \$158 **Instructor:** Pure Performance Location: GMHS Softball Field AM SCORE 7-9am 389991-B \$47

Exploring Science & Engineering 8-12 years

Students will walk away from the Exploring Science and Engineering course with a basic understanding of science, technology, engineering and math concepts including the Scientific method, Newton's Law of Motion, Simple Machines, and the Principles of Mechanics. They will learn through fun-filled hands-on activities and projects.

> Mon-Fri: 7/14-7/18 9am-3pm 384013-D R: \$320 / NR: \$330 Mon-Fri: 7/28-8/1 9am-3pm 384013-F R: \$320 / NR: \$330

Instructor: 2InspireU **Location:** Classroom at GMHS AM SCORE 7-9am 389991-D,F \$42 PM SCORE 3-6pm 389992-D,F \$52

Summer Camp Registration Information

Walk-in Registration Days and Time:

Registration is held at:

Falls Church Community Center 223 Little Falls Street Falls Church, VA 22046

City of Falls Church Residents Registration:

Monday, February 3, 2014
Non-City Residents Registration:

Monday, February 10, 2014

Falls Church Community Center Hours:

Monday-Thursday 8am-10pm Friday 8am-11pm Saturdays 8:30am-11pm

Sunday 12 noon-6pm (Jan-March) Sunday 2–6pm (April-Dec)

Recreation & Parks Office:

Camp administrative support is provided by the Falls Church Recreation & Parks Department. For additional camp information, call 703-248-5027.

REGISTRATION INFORMATION IS ON PAGE 2

If your child has a disability or requires special attention for any reason, advanced notice is appreciated so that we may properly prepare.

Facility Locations

Falls Church Community Center 223 Little Falls Street

> Cherry Hill Farmhouse 312 Park Avenue

George Mason High School 7124 Leesburg Pike

Mary Ellen Henderson Middle School 7130 Leesburg Pike

Cancellation Policy:

The City of Falls Church Recreation and Parks Department reserves the right to cancel camps and programs for which there is insufficient registration. In addition, there is limited enrollment for all programs. Early registration prevents cancellations.

Refund Policy:

The Recreation and Parks Department will provide a full credit or refund for a camp if the camp is cancelled by the Department, or upon request when schedule or location changes made by the Department prohibit or limit an individual's ability to attend a camp.

For any reason other than those noted above, a "Request for Refund/Household Credit" form must be completed and submitted at least **two weeks** before the start of camp.

- •Requests for a refund made at least 14 calendar days before the start of camp will be granted, less a 20% processing fee.
- •Requests for a credit made at least two weeks before the start of camp will be granted, less a 10% processing fee.
- •Requests less than two weeks before camp starts will **only** be granted for <u>medical reasons</u> (doctor's note required) or for relocation of more than 25 miles away from the City.
- •No refunds or household credits will be given if the request for such is submitted less than 2 weeks before the camp starts, nor after it has ended. This also applies to AM and PM Extended care.
- •Adventure Links and Inner Quest have different policies which are listed in their description.

Financial Aid:

Financial aid is available for City of Falls Church residents only. Forms are available in the main office or call 703-248-5027 for more information.

SCORE—(Sports, Crafts & Opportunity 4 Recreation & Entertainment):

SCORE is located at the Falls Church Community Center and will be available for <u>most</u> camps. Please review individual camp descriptions for extended care availability, time and cost. If the camp is not located at the Community Center, then transportation to and from extended care will be provided, unless otherwise noted. Campers in extended care should bring a snack or money to purchase snack for extended care hours. Additional fees will be charged for campers who are picked up

later than 6pm. Campers must be at least 6 years old.

WHAT TO KNOW ABOUT SUMMER CAMP!

Each child will need to bring a lunch with drink and an afternoon snack daily. There is no refrigeration. Campers will need to wear comfortable shoes, as well as clothes that can get dirty. Swimsuit and towel for swim days where applicable. Some camps are held outside for extended periods of time. Please have children wear and bring sun block. If a child needs to take medication, you must complete the proper paper work and give medication to the Camp Director! Medication forms are available by emailing Ashley Green at agreen@fallschurchva.gov.

Photographic Release:

By participating in programs and using our facilities, you are granting the City of Falls Church and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

Accessibility Statement

The City of Falls Church is committed to the letter and spirit of the Americans with Disabilities Act. To request a reasonable accommodation for any type of disability call 703-248-5077 (TTY 711)

Falls Church Recreation & Parks Department 223 Little Falls Street Falls Church, VA 22046-4304 PRESORTED STANDARD MAIL US POSTAGE PAID FALLS CHURCH, VA PERMIT NO. 7034

CITY OF FALLS CHURCH SUMMER CAMP BROCHURE

Visit us and register online at www.fallschurchva.gov/recreation

MISSION STATEMENT

The mission of the Falls Church Recreation and Parks Department is to provide a year-round program of recreation and leisure-time activities for all groups and interest levels. The Department is dedicated to enhancing the quality of life and fostering a sense of community by providing superior recreational, educational and cultural services and through the effective maintenance and protection of the City's natural resources.



